

These are most key vocabulary words that you will need to know to succeed in lesson. Watch out for when these words occur as you do your reading, and record their definitions in your course journal.

- **Android obesity** - Obesity pattern seen in individuals who tend to store fat in the trunk or abdominal area.
- **Gynoid obesity** - Obesity pattern seen in people who store fat primarily around the hips and thighs.
- **Waist circumference (WC)** - A waist girth measurement to assess potential risk for disease based on intrabdominal fat content.